



	TUESDAY	WEDNESDAY	THURSDAY		FRIDAY
11 AM	11 AM - 12 PM Guest Hours - Learn About RCL + Paperwork	11:15 AM - Women's/ Men's Recovery Circle	11:15 AM - Recovery Circle	11:15 AM - Yerba Mate Circle	11:15 AM - Transcendent Meditation w/ Morgan
11:30 AM					
12 PM					
12:30 PM					
1 PM					
1:30 PM	1:30 PM - Recovery Circle	1:30 PM - Wednesday Walk Club or Bilingual Meditation	1:30 PM - Music Class		1:30 PM - Recovery Circle
2 PM					
2:30 PM					
3 PM	3 PM - 4 PM - Recovery Café Presents: Poetry Connection 6 week series				3 PM - 4 PM - Beginner Friendly Yoga
3:30 PM					
4 PM	4 PM - 5 PM Guest Hours - Learn About RCL + Paperwork				4 PM - 7 PM Community Hours
4:30 PM					
5 PM					
5:30 PM	5:30 PM - Spanish Recovery Circle				5:30 PM - AcuDetox
6 PM					
6:30 PM		SMART Recovery 6:30 PM - 8 PM			

**Pink events for RCL members only*

Special Events – October

- October 3 Member Haircuts **1 PM**
- October 3 Open Mic Night + Silent Disco w/ SoberAF
@Longmont Public Media (457 4th Ave) **4 PM - 8 PM**
- October 8 Art and More! w/ Susan **1:30 PM**
- October 10** **Café Closed 1 PM - 3 PM**
Narcan Training w/ BCPH - See Chris to RSVP
- October 22 Art and More! w/ Susan **1:30 PM**
- October 31 Halloween Open Mic Night + Silent Disco w/ SoberAF
@Longmont Public Media (457 4th Ave) **4 PM - 8 PM**

MEMBER POLICIES

- Please call 720-815-2885 to excuse an absence.
- If you miss two consecutive circles, unexcused, you will be disenrolled.
 - You must wait 30 days to return to the Café.

Outside Meetings Held in the Café:

- Parents of Addicted Loved Ones (PAL):
Wednesdays 9:30 AM
- SMART Recovery/SMART Friends & Family:
Wednesdays 6:30 PM
- LGBTQIA+ (and Allies) AA Meeting:
Thursdays 6 PM
- Alcoholics Anonymous:
Saturdays 11 AM